

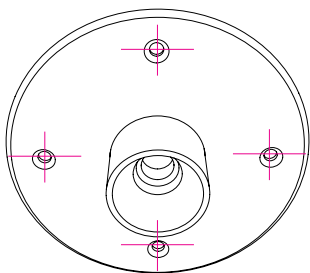
1. PACKAGE

- Each pole is delivered in a carton tube
- The pole is also wrapped in plastic protective foil
- Upper discs, lower discs, extension rings, hex keys, screws and montage wall pads are packed in a box.
- The Lupit Pole Pro Cart is normally packed in a separate box as well as the Lupit Pole Wall Hanger.

2. UNPACKING AND INSTALLATION

2.1. Open the box which contains upper and lower discs:

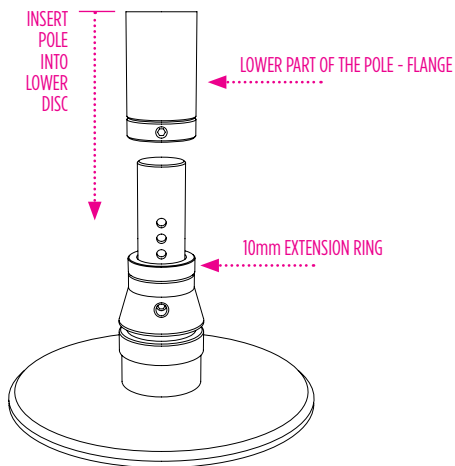
- take the upper disc and use it to mark the 4 spots to be drilled into the ceiling



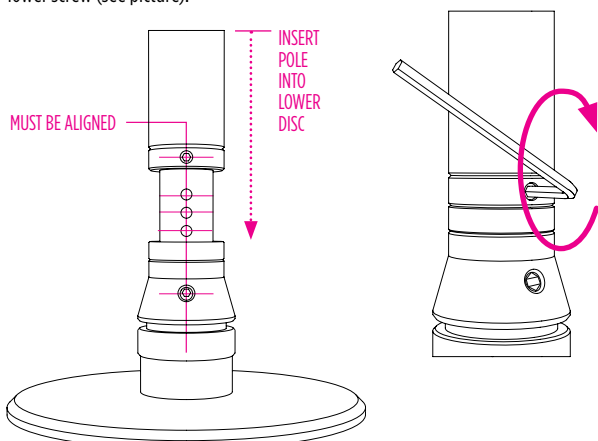
- Make sure the ceiling is made of solid material such as concrete since it must withstand a vertical force produced by the pole's AVFAS system.
- Prior drilling make sure there are no electrical, communication, gas, water or other installation lines built in the ceiling.
- We recommend original screws and pads to be used to secure upper disc from moving or dropping down.

2.2. Remove the pole from the tube carefully to prevent scratches or damage to the room:

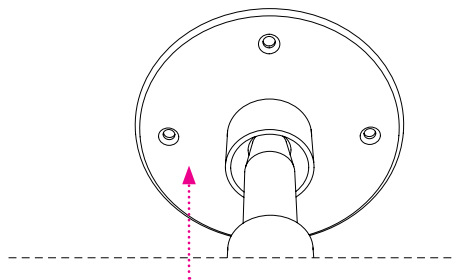
- Take lower disk assembly from the box and insert it into the lower part of the pole – flange. The lower disc assembly comes with one 10 mm extension ring.



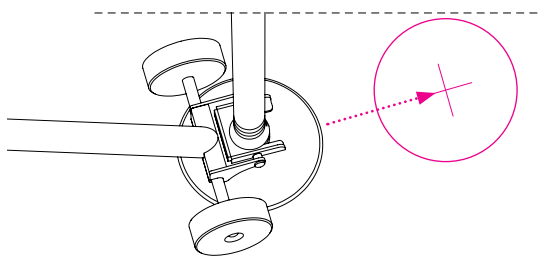
- Fix the lower disk assembly to the pole by screwing it with hex key when aligned with lower screw (see picture).



- If you have different ceiling heights check the marks on the poles and assign them to the corresponding pre measured spots.
- Once the poles are paired to the spots (upper discs), put each pole to the stand up position by fitting the upper axes of the pole into the upper disc.

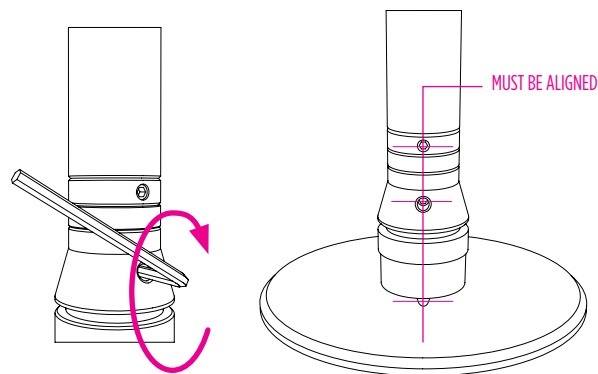


- Now use the Lupit Pole Cart to install the pole into vertical position. Use water leveler or laser leveler to ensure the pole is vertical and mark the position of the lower disc on the floor for future installation.



3. INSTRUCTIONS FOR USE

- Lupit Pole Pro has been designed for fast installation and removal by using Lupit Pole Pro Cart
- The pole can be used in static or spin mode. To switch the function you must use hex key and unscrew the lower bolt to unlock (clockwise) or screw (counter clock wise) to lock spin of the pole. When doing it, it is important that the bolt is aligned with the mark on the lower disc.



- if the grip of the lower disc is not good enough and it has a tendency to move from the position when exercising, extra 10 mm ring can be inserted to increase the height of the pole what increases the axial force of the AVFAS system and the friction of the lower disc against the floor.

